



# R5 High School Phoenix Gazette

Hello R5 Community,

We hope you were able to join us for our Student Showcases last week at the Eureka McConnell Science Museum. It's always fun and exciting to see what learners are doing and the great things they are learning about each quarter. We also hope you enjoyed exploring the museum exhibits and all Eureka has to offer. We are very thankful for the partnership with them and this first year is turning out to be a big success.

If you are not aware, R5 High School has a Eureka program as one of the options for learners to select when meeting the Secondary Placement requirement for R5 High School. Jobs for learners are usually the primary avenue we see many learners meeting the Secondary Placement requirement at R5; however, the Eureka program provides incredible outdoor experiences for learners and options to earn accelerated credit. The Eureka team works with our learners Monday through Thursday afternoons as they explore new concepts and visit outdoor areas from Glenwood into Utah. If you would like more information, please see our website or contact the R5 main office at any time.

Spring Break is less than 2 weeks away which means the end of the 3rd quarter is right around the corner. Our team here at R5 High School is continuing to encourage and remind learners to stay on top of their work and be prepared to meet deadlines. The last day of Q3 for learners is Wednesday, March 13th. Learners have plenty of time to get caught up on their work and stay on schedule now as long as they are attending school regularly and communicating with their teachers.

There are no classes and school is not in session for Spring Break from March 18-22. Q4 classes will begin on Monday, March 25th. Q4 is a busy time for learners as graduation will be quickly approaching. The R5 Senior Class meeting took place on Wednesday, February 7th where graduation information and materials were distributed. If your child missed the meeting or you didn't get any information, please see our website or reach out to the main office for upcoming deadlines and needed items if a learner intends to graduate and walk in the R5 graduation ceremony this year.

The R5 Family extends warm wishes to you and your family during this year's Spring Break. As always, reach out to us if you need anything or have any questions.

*NS*



## WHAT IS THE DISTRICT 51 FOUNDATION?

The D51 Foundation (D51F) raises money to support our local schools, prioritizing funding for professional learning, technology and innovation, and staff and student wellness. Our mission is to raise funds for academic growth and achievement while promoting outreach to benefit kids and our community.

[WWW.D51FOUNDATION.ORG](http://WWW.D51FOUNDATION.ORG)

# SWAP'S ANNUAL CAREER FAIR

THURSDAY, MARCH 14TH | 9:00 AM - 2:00 PM

CAREER CENTER SCHOOL  
2935 NORTH AVENUE



ALL HIGH SCHOOL STUDENTS ARE ENCOURAGED  
AND INVITED TO ATTEND THIS EVENT



## SWAP

School to Work Alliance Program

# SENIOR PICTURES

HOW ACCEPTING SUBMISSIONS FOR THE YEARBOOK

Seniors may submit photos via email to  
Mrs. Casey at [sutton.casey@d51schools.org](mailto:sutton.casey@d51schools.org) or  
Ms. Jay at [candace.jay@d51schools.org](mailto:candace.jay@d51schools.org)

## FREE BREAKFAST FOR ALL STUDENTS

### THREE REASONS YOU SHOULD NEVER SKIP BREAKFAST

Breakfast is the most important meal of the day. Skipping this crucial meal can wreak havoc on your health and decrease your performance in school among a host of negative effects.

- 1 IT HELPS IMPROVE YOUR GRADES**  
Eating breakfast can improve cognitive performance, test scores and achievement scores in students, especially in younger children.
- 2 IT INCREASES YOUR CONCENTRATION**  
Students who eat a low glycemic, balanced breakfast may have a better concentration and more positive reactions to difficult tasks than students who eat a carbohydrate-laden breakfast.
- 3 IT HELPS YOU MAINTAIN A HEALTHY WEIGHT**  
Eating breakfast regularly may also help maintain a healthy weight. Children who skip breakfast are more likely to overeat and have a lower overall diet quality than children who eat breakfast every day.

## CLASS OF '24 HEIGHTS & WEIGHTS

If you're GRADUATING IN MAY, AND ARE  
PLANNING ON ORDERING A CAP & GOWN, PLEASE  
PROVIDE YOUR HEIGHT AND WEIGHT FOR  
JUSTINS BY ENTERING THE INFORMATION HERE



## STAFF HIGHLIGHT

Candace Jay



Hey hey, my name is Candace Jay and I'm a person in progress who is learning and growing each day! I enjoy getting to know people, spending time with family and friends, having fun, adventuring in the outdoors, and working out! I'm grateful to be at R-5 High School after teaching middle school for the past 7 years.

Two fun facts about me are:

I own \*\*at least\*\* 150 rubber ducks - they are my favorite animal. Yes, I know what I said.

And, "I just like to smile, smiling's my favorite." --Will Ferrell, Elf

Favorite quote: "Whether you think you can, or you think you can't - you're right." --Ralph Waldo Emerson



## IMPORTANT DATES

March 14th - No School (Inservice Day)  
March 15th - No School (Teacher Workday)  
March 18th - March 22nd - SPRING BREAK  
March 25th - Beginning of 4th Quarter



# PRE-ORDER YOUR 23/24 YEARBOOK



JUST SCAN THE QR CODE,  
ENTER YOUR INFORMATION  
& PAY AT THE FRONT DESK



STAFF HIGHLIGHT



**Caleen Street**  
Young Parent Program Para



I have been with the R-5 High School Young Parent Program for 17 years as an Early Childhood Lead Teacher in the infant room.

I was married to my husband Ted for 48 years when he passed away in 2022. We have two beautiful daughters, 2 son-in-laws, and 3 wonderful grandkids, they are my everything including my kitty Baby. I enjoy spending time with my family, shopping, and watching movies.



## PRINCIPAL ACCOUNTABILITY COMMITTEE QUARTERLY MEETINGS

CONNECT \* DISCUSS \* REFLECT  
11:30AM - 12:30PM

SEPTEMBER 7TH - NOVEMBER 2ND - FEBRUARY 8TH - APRIL 4TH

PLEASE EMAIL LINDSEY CHITWOOD AT [LINDSEY.CHITWOOD@DS1SCHOOLS.ORG](mailto:LINDSEY.CHITWOOD@DS1SCHOOLS.ORG), IF YOU'RE INTERESTED IN ATTENDING



The R5  
**ROCKSTAR**  
of the Month Award

has been presented to *Mario Morales* because he:

- Demonstrates exceptional work habits by coming to work organized, prepared, and ready everyday, modeling presence and self-focus by being an example of humility and a willingness to learn and grow from his mistakes, and having all planning for projects completed.
- Builds strong, positive relationships with all R5 learners and staff through authentic kindness, politeness, and support at any time, and displays a vulnerability to share his point of view while continuing to remain open to others' opinions.
- Exhibits exemplary professionalism in honoring time commitments, bringing his best self, advocating for the needs of others, and taking immense pride in the R5 High School environment by making it very clear how much he loves his job and will have to be dragged out of the building to leave this job.



The R5  
**Student of the Month**  
award goes to **Corey Webber**

Corey is deserving of this because he:

- Demonstrates strong work habits by coming to class each day committed to learning and helping others around him, and is willing to ask for help from his peers and teachers when needed.
- Builds strong relationships by following up with peers when needed, is kind to all members of the R5 community, and pursues politeness and helpfulness in a variety of ways.
- Exhibits professionalism by managing his technology responsibly, observes his own actions and grows from his mistakes, and advocates for his needs.

# GRADUATION

## R5 High School

### 2024 GRADUATION INFORMATION

*Here are some critical dates for graduation – so mark your calendars!*

- **FEBRUARY 23RD DEADLINE** – Parents and/or students are responsible for purchasing learner caps and gowns. You can order your basic package (approximately \$50.00) from Jostens at [www.jostens.com](http://www.jostens.com) or you can call 970-242-5030.
  - Jostens needs your height and weight ahead of your order so they can ensure they have your correct size on hand. Watch for the Height and Weight QR code (on the announcements, in the Phoenix Gazette, and at the front office) and please enter your information as soon as you can. Entering your height and weight in the QR code **DOES NOT ORDER YOUR CAP AND GOWN**.
- **FEBRUARY 7TH @ 9:45 AM – SENIOR CLASS MEETING** – Meet in the Harry Butler Boardroom (at R5) at 9:45 a.m. We will provide you with important details about graduation; nominating/voting on a class song, flower, and motto. A representative from Josten's will be available for questions regarding caps, gowns, and special orders. **Your parents and/or guardians are welcome to attend this meeting.**
- **MAY 3RD – DEADLINE FOR SUBMITTING YOUR GRADUATION SPEECH.** If you would like to make a speech at graduation, please prepare a 3-5 minute speech, type it out, and email your submission to Mrs. Nesbit @ [denae.nesbit@d51schools.org](mailto:denae.nesbit@d51schools.org) or Ms. Casey @ [sutton.casey@d51schools.org](mailto:sutton.casey@d51schools.org) by this date.
- **MAY 3RD – LAST DAY TO TAKE WORKKEYS TEST.** **THIS IS REQUIRED FOR GRADUATION.**
- **MAY 8TH** – All assignments that are due for credit, must be turned in to your teachers by 3:00 p.m.



Scan to  
nominate  
class  
song/motto  
/flower

- **WEEK BEFORE GRADUATION** – Pick up your cap and gown from the front office at R5. **TAKE IT OUT OF THE PACKAGE AND HANG IT UP!** To remove creases: put it in the dryer (on a low setting) for a short time with a wet washcloth.
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- **MONDAY, MAY 13TH, 2024 @ 9:00 a.m. @ Stocker Stadium – GRADUATION REHEARSAL**
    - **BRING YOUR CAP AND GOWN (CLASS PHOTO WILL BE TAKEN).**
      - Young men – please dress in long pants and nice shoes.
      - Young women – please dress in long pants, dresses or skirts, and nice shoes.
    - **PRACTICE IS MANDATORY IF YOU WANT TO WALK IN THE CEREMONY**
    - Once rehearsal is finished, graduate speakers will meet at the stage to go over and practice their speeches.
  - **TUESDAY, MAY 14TH, 2024 @ 9:00 a.m. – GRADUATION DAY!**
    - **BRING YOUR CAP AND GOWN!**
      - Young men – please dress in long pants and nice shoes.
      - Young women – please dress in long pants, dresses or skirts, and nice shoes.
      - Please arrive at Stocker Stadium by 8:30 a.m. for the Graduation Line-Up.

# INFORMACIÓN

Escuela Preparatoria R5

## 2024 INFORMACIÓN DE GRADUACIÓN

¡He aquí algunas fechas importantes para la graduación, así que apúntelas en su calendario!

- **23 DE FEBRERO ÚLTIMO DÍA PARA COMPRAR** – Los padres o estudiantes son responsables de comprar los gorros y capas de graduación del estudiante. Usted puede ordenar su paquete básico (aproximadamente \$50.00) de Jostens en [www.jostens.com](http://www.jostens.com) o puede llamar al 970-242-5030.
  - Jostens necesita su estatura y peso antes de su pedido para asegurarse de que tienen su talla correcta. Busque el código QR de estatura y peso (en los anuncios, en la Phoenix Gazette y en la oficina) y por favor ingrese su información tan pronto como pueda. Al ingresar su estatura y peso en el código QR NO ORDENA SU GORRO Y CAPA DE GRADUACIÓN.
- **7 DE FEBRERO – REUNIÓN DE ESTUDIANTES DEL GRADO 12 (Senior) a las 9:45 a.m.** en Harry Butler Boardroom (dentro de R5). Proporcionaremos detalles importantes sobre la graduación: nominación/votación para elegir una canción, una flor, un lema, etc., para la clase que se gradúa. Un representante de Jostens estará disponible para responder a preguntas relacionadas con gorros, capas, anillos y pedidos especiales. **Sus padres o tutores pueden asistir a esta reunión.**
- **3 DE MAYO – Último día para entregar sus discursos de graduación.** Si desea dar un discurso durante la ceremonia de graduación, por favor, prepare uno que dure entre 3 y 5 minutos, escríbalo en la computadora y envíelo por correo electrónico a la Sra. Nesbit a [denae.nesbit@d5schools.org](mailto:denae.nesbit@d5schools.org) o Srta. Casey a [sutton.casey@d5schools.org](mailto:sutton.casey@d5schools.org) antes de esta fecha.
- **3 DE MAYO – ÚLTIMO DÍA PARA TOMAR EL EXAMEN WORKKEYS. ES OBLIGATORIO PARA GRADUARSE.**
- **8 DE MAYO** – Todas las tareas que deben recibir crédito necesitan ser entregadas a los maestros antes de las 3:00 p.m.

Escaneare para votar por la flor, la canción y el lema de la clase.



- **UNA SEMANA ANTES DE LA GRADUACIÓN** – Recoja su capa y gorro de graduación en la oficina de la escuela R5. ¡EN CASA, SÁQUELOS DEL PAQUETE Y CUÉLGUELOS! Para quitar las arrugas: póngalos en la secadora (a temperatura baja) junto con un paño/trapo húmedo durante pocos minutos.
- **LUNES, 13 DE MAYO DEL 2024 – PRÁCTICA DE CEREMONIA DE GRADUACIÓN** en Stocker Stadium a las 9:00 a.m.
  - **TRAIGA SU CAPA Y GORRO DE GRADUACIÓN. (SE TOMARÁ UNA FOTO DE LA CLASE).**
    - Hombres – deben traer pantalón y unos zapatos bonitos.
    - Mujeres – deben traer pantalón, vestido o falda y unos zapatos bonitos.
  - **LA PRÁCTICA ES OBLIGATORIA SI DESEA PARTICIPAR EN LA CEREMONIA**
  - Una vez finalizado el ensayo, los oradores que se gradúan, se reunirán en el escenario para repasar y practicar sus discursos.
- **MARTES 14 DE MAYO DEL 2024 – 9:00 a.m. – ¡DÍA DE LA GRADUACIÓN!**
  - **¡TRAIGA SU CAPA Y GORRA DE GRADUACIÓN!**
    - Hombres – deben traer pantalón y unos zapatos bonitos.
    - Mujeres – deben traer pantalón, vestido o falda y unos zapatos bonitos.
    - Por favor llegue a Stocker Stadium a las 8:30 a.m. para formar una fila para la ceremonia de graduación.

Earn  
ONE WHOLE  
Credit!

SATURDAY, MARCH 9TH, 2024

# NATIONAL HISTORY DAY IN COLORADO

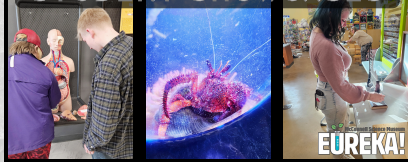
LEARNERS *EARN ADDITIONAL* SOCIAL  
STUDIES & ELA *CREDIT* FOR PARTICIPATING



## SENIORS

SCAN THE QR CODE TO  
NOMINATE YOUR FAVORITE  
SONG, FLOWER &  
INSPIRATIONAL QUOTE!

## STUDENT SHOWCASES



THANK YOU TO ALL OF  
THE KSHS LEARNERS  
WHO HELPED MAKE  
VALENTINES DAY  
MEMORABLE TO A  
GROUP OF GRAND  
VALLEY SENIOR CITIZENS  
BY CREATING SPECIAL  
HANDMADE VALENTINES  
THAT WERE LATER  
DELIVERED TO SOLSTICE  
SENIOR LIVING AT THE  
GRAND VALLEY TO  
BRIGHTEN THE  
RESIDENTS DAY!  
THE RESIDENTS WERE  
VERY GRATEFUL AND  
THRILLED TO RECEIVE  
SUCH A SPECIAL GIFT  
FROM OUR  
STUDENTS!

SOLSTICE  
SENIOR LIVING



If you need help outside of regular school hours and this is a crisis situation, please use one of the following resources:

- Call 9-1-1 Emergency Line
- Safe2Tell - call 1-877-542-SAFE to submit an anonymous report to law enforcement and school administration
- Suicide Prevention Lifeline @ 988lifeline.org or call 1-800-273-TALK
- Colorado Crisis: 1-844-493-8255 or Text: 38255



## STAFF HIGHLIGHT

### Jacob Dickhausen Social Studies



My name is Jacob Dickhausen and I teach social studies at R5 High School.

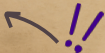
I moved to Grand Junction ten years ago because I am passionate about rock climbing, music, and of course history.

This will be my fifth year at R5 and I absolutely love it here because the staff and students motivate me to be the best teacher and person that I can be, and I do my best to reciprocate that back to my colleagues and students.

If you need assistance with anything at R5, please visit the R5 website or call the main office at 970-254-6880 during the hours of 8:00 am - 3:00 pm M-F

## Save the Dates!!

- April 12th - Teacher Compensation Day (no school)
- April 18th - Student Showcases
- May 14th - GRADUATION DAY! (no school)
- May 23rd - Last of School



OUR STAFF IS COMMITTED EACH AND EVERY DAY TO THEIR WORK, OUR MISSION.

R5 USES RESTORATIVE PRACTICES AND PROJECT-BASED LEARNING TO SUPPORT LEARNERS IN BECOMING THRIVING CITIZENS. R5 IS COMMITTED TO ENSURING ALL LEARNERS WILL DEVELOP CRITICAL THINKING SKILLS, CULTURAL AND SELF-AWARENESS, AND GLOBAL CITIZENSHIP THROUGH AN INDIVIDUALIZED WHOLE-PERSON APPROACH, COMMANDING HIGH EXPECTATIONS AND PROVIDING MASTERY LEARNING WITH A COMPASSIONATE, RESPONSIVE, AND COLLABORATIVE ENVIRONMENT. . . TO GUARANTEE THAT 100% OF OUR GRADUATES WILL BE POST-SECONDARY READY.